



CORPORATE PACKAGE



6 heures
en cœur

**TAKE ON THE
CHALLENGE WITH US!**

In support of the



fondation
en cœur

en-coeur.org

We're pleased to invite you to take part in the 6 H En Coeur, a dynamic and engaging sporting event that will bring together families and businesses in our region for **a day of camaraderie and support for a good cause.**

The 6H En Coeur offers a unique opportunity to strengthen bonds within your team while promoting the health and well-being of your employees. Whether you're a large corporation, a promising start-up or a non-profit organization, this event is an ideal opportunity to promote team spirit, fitness and a sense of community.

All funds raised will be donated to the En Coeur Foundation to **support children with heart disease and their families.**

We firmly believe that your participation in the 6 H En Coeur will add a significant dimension to **your commitment to the well-being of your employees and your involvement in the local community.**

Take your corporate social responsibility (CSR) to heart and join us for a run or a walk.

We invite you to complete and return the document on page 4 to register your company.

*Would you like to receive posters or promotional material for your company?
Contact Sabrina Séguin at sseguin@en-coeur.org*

Over the past 10 years, more than 5,000 participants and over \$2,600,000 have been raised for children with heart disease and their families.

The 11th edition of the 6 H En Coeur will take place on Saturday, May 10th, 2025 at Parc Maisonneuve in Montreal, on Saturday, May 24th, 2025 at Base de plein air Sainte-Foy in Quebec City, and from May 10th to 24th, 2025 throughout Quebec by distance.

Come and walk or run side by side with your colleagues, or in relay, as you wish. It's all fun and non-competitive. And don't hesitate to invite your family!

Did you know that open-heart surgery can take an average of 6 hours for children with heart disease?

That's the reason for the name, and why participants will be running and walking at our 6H event.



TURNKEY CORPORATE PACKAGE: 1,500 (6 PARTICIPANTS)






BY SUBSCRIBING TO THE CORPORATE PACKAGE, YOUR COMPANY WILL ENJOY THE FOLLOWING BENEFITS:

- 6 participations in the 6H En Coeur, so you can take part with your colleagues
- 6 6H jerseys with your company's name, providing visibility for your company (must be ordered 1 month in advance)
- 6 En Coeur scarves (buffs).
- 6 En Coeur pencils will be given as gifts to your team.
- Your company's name will be displayed on the registration platform, highlighting your participation.
- Your presence will be acknowledged by our host during the event.
- An acknowledgement of your presence will be posted on our social networks, highlighting your support.
- An official team photo will be taken to immortalize your participation.
- Your presence will be mentioned in an article on our website, acknowledging your commitment.
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In addition to taking part in the event, we invite you to **mobilize your teams around a fundraising campaign.**

Each team will be able to solicit donations in support of the Fondation En Coeur, making an even greater impact on children with heart defects.

To reach your team goal (6 participants) of **\$1,200**, each person would need to raise **\$200**.

-  Ask 1 friend to donate \$20
-  Ask 2 neighbors to donate \$20
-  Ask 4 colleagues to donate \$10
-  Ask 1 of your favourite businesses to donate \$50 each
-  Invite 5 people to donate \$10 on social networks

Here's what just one person's contribution could do for children with heart disease and their families:

\$40  **PAYS FOR 6 CAFETERIA MEAL VOUCHERS**

\$50  **PAYS FOR 5 NIGHTS' ACCOMMODATION FOR FAMILIES**

\$50  **PAYS FOR 5 DAYS' PARKING AT THE HOSPITAL**

\$60  **PAYS FOR 300 KM OF TRAVEL EXPENSES**

FILL OUT THE FOLLOWING PAGE TO REGISTER

REGISTRATION FORM

TEAM

AMOUNT

I would like to register

_____ teams

Additional donation (optional)*

_____ \$

*A tax receipt will be issued for the donation portion only.

Company name: _____

Contact: _____

Address: _____

Telephone : _____ E-mail : _____

Mode de paiement: _____ Enclosed cheque: oui non

Signature : _____

Payment options

Credit card: we will put you in touch with the administrative assistant to arrange payment.

Cheque: Please make your cheque payable to Fondation En Coeur and enclose this form with your payment to 8585 Boul. Saint-Laurent, Montreal, QC, H2P 2M9.

Bank transfer: we will send you a specimen cheque.

Space reserved for the En Coeur Foundation

Name of person in charge : Events and communications manager

Signature :